




Setting Goals

Principles in Setting Goals as a Family – Part 1



FAMILY ALTAR GUIDE



FUN

Time to Thank and Praise God for What He Has Done

INSTRUCTIONS

- Make this moment a “meeting time” wherein you can have “cooked food” or “delivered food” while your whole family enjoy this 1-hour meet up with the purpose of intimacy, information and inspiration.
- You can also have a simple group game to perk up everyone’s interest and basically have fun.
- Remember: ***“It’s more fun at home with the family.”***

Faithful Family Declaration

I believe in God the Father, God the Son and God the Holy Spirit whose love and destiny, I will live it.

I am a lover. I'm a worshipper. I am a giver, supporter, peacemaker.

As for me and my house, we will serve the Lord.

As for me and my campus, we will seek the Lord.

As for me and my workplace, we excel for the Lord.

Thus, I will connect with God daily. I will work with my faith group weekly.

I will use my talents to serve the ministry.

As Jesus makes my heart pure, He makes my future secure.

This year, I will trust and obey For His blessings are sure to stay.

Support and pray for the mission of national transformation.

Faithful's 2020 vision is *Mighty Multiplication*.



FOOD

Time Share and Apply God's Word to Our Lives

ICEBREAKER

- **Answer:** *If God will give you a surely answered prayer request, what would you ask God for? Why?*
- **Share:** *What is your "champion moment" this week?*

INSTRUCTIONS

- Before the sharing of today's SPIRITUAL FOOD, jump start the meet up with a fast or slow worship song can be played live or through YouTube.
- Singing Christian Worship songs can refresh and refocus a stressful mind and heart.



Setting Goals

Steps in Setting Goals as a Family – Part 1



Take Note

Research tells us that more people struggle with setting goals than they do accomplishing them.

Sitting down and actually thinking about what God wants us to do with our lives is often the hardest part.



Take Note

Yet the biggest differentiator between those who were moderately successful in life and those who were highly successful is whether or not they had definable goals written down.



Take Note

God considers it helpful for us to have goals in every area of our lives (marriage, family, work, financial, physical, etc.) and for us to work toward those goals.



Take Note

Look at the story of Abraham and his servant in **Genesis 24**. In the NIV, you'll see the word "**success**" five times in the text. This is the success chapter of the Bible. The passage teaches us how to set and reach goals.



Take Note

The Bible doesn't just tell us to set goals, though. It gives us a goal-setting model.



Principles in Setting Goals as a Family – Part 1

- 1. Determine your position**
- 2. Define your purpose**
- 3. Discover a promise**

Steps in Setting Goals as a Family

Part 1

Step #1

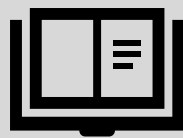
Determine Your Position





Take Note

Before you set any goals as a family, understand where you are now. If you were lost on the way to my house, I'd first need to ask your location in order to help you get where you needed to be.



“Abraham was now old,
well advanced in years
and the Lord had blessed
him in every way.”

Genesis 24:1 (NIV)



Take Note

Abraham knew God had promised to multiply his descendants through many generations, but his son didn't have a wife yet. He decided he'd better do something about it before it was too late.

Step #2

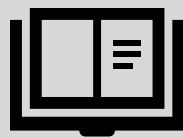
Define Your Purpose





Take Note

Picture your goal.



“Go back to my country,
to the land of my relatives,
and get a wife
for my son Isaac.”

Genesis 24:4 (NIV)



Take Note

Abraham clearly defined what he wanted. Later, he adds some other conditions. He wanted Isaac's wife to be of the same nationality, from the same home town, and from the same faith.



Take Note

You'll never accomplish a vague goal. A vague goal has no drawing power. Plus, you'll never know if you've accomplished it.



When you're trying to nail down a goal, ask yourself three questions:

- **What do I want to be?**
- **What do I want to do?**
- **What do I want to have?**

Step #3

Discover a Promise





Take Note

Often, when you start setting goals, worry will set in. You start thinking of everything that could go wrong.



Take Note

Never confuse the decision-making phase with the problem-solving phase. Make the decision, and then solve the problem.



Take Note

Worry and fear can paralyze you. That's why you shouldn't focus on the "*how*" at this point. Instead, focus on how God will accomplish the goal.



“The Lord spoke to me
and promised me saying,
‘To your offspring
I will give this land.’”

Genesis 24:7 (NIV)



Take Note

Christian goal-setting is always based on a promise of God.

Let the size of your God determine the size of your goal.



FAITH

Time to Serve our Family, Friends and Others

What is that one goal you have just set lately which you think is hard to achieve but worthwhile to focus on?



Discussion

#FaithfulEverywhere

- Monday **FLI E-Class**
- Tuesday **Family Altar**
- Wednesday **Midweek Service**
- Thursday **Prayers**
- Friday **Training**
- Saturday **CYOD**
- Sunday **Celebration Services**