

Think Good News

By Doc Toto Gustilo

FUN

Make this moment a “**meating time**” wherein you can have “prepared food” or “delivered food” while your whole family enjoy this 1-hour meet up with the purpose of intimacy, information and inspiration. You can also have a simple group game to perk up everyone’s interest and basically have fun. Remember: **“It’s more fun with the family.”**

Ice Breaker Question: “If you could...”

Answer these questions as honestly as you can...

- *If you could have an endless supply of any food, what would you get?*
- *If you could be an Olympic athlete, what sport would you compete in?*
- *If you could ask Christ to change one problem in the world today, what would you like him to change?*

FOOD

To jump start the meet up, a fast or slow worship song can be played live or through YouTube. Singing Christian Worship songs can refresh and refocus a stressful heart and mind.

Food for the Week: “Think Good News

“One good and positive thought in the morning can change your whole day.” - Anonymous

SHARE

- *On the one hand, think of a bad news you have heard or seen this week. How did it negatively affected you? If you have shared it with another, how has it affected him or her?*
- *On the other hand, think of a good news you have heard or seen this week. What is it? What were you able to do with it?*

Good News #1: **God SAVES Us**

- **Romans 1:16 (ESV) “For I am not ashamed of the gospel [or Good News], for it is the power of God for salvation to everyone who believes...”**
- God saves us from both physical and spiritual dangers.
- **SHARE** *An experience wherein you felt God saved you from a dangerous situation.*

Good News #2: **God PROTECTS Us**

- **Ephesians 1:13 (ESV) “In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit,...”**
- God’s true words demands our 100% belief.
- **SHARE** *In a scale of 1 to 5, rate your assurance in the promises of God. How sure are you that God will keep his promises?*

Good News #3: **God ENCOURAGES Us**

- **2 Corinthians 8:9 (ESV) “For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you by his poverty might become rich.”**
- God encourages us with the news that the He completely understands us and that He will help us overcome our struggles.
- **SHARE** *What are your struggles which needs the Lord’s understanding and help?*

FAITH

SHARE

- *What are “good news” you are expecting to hear in the next coming days?*
- *How will you become an agent or a sharer of good news?*
- *How will your friends and family react or accept the good news you will be sharing?*