

Have a "Bible Mindset"

By Doc Toto Gustilo

FUN

Make this moment a "**meating time**" wherein you can have "prepared food" or "delivered food" while your whole family enjoy this 1-hour meet up with the purpose of intimacy, information and inspiration. You can also have a simple group game to perk up everyone's interest and basically have fun. Remember: **"It's more fun with the family."**

Ice Breaker Question: "If you could..."

Answer these questions as honestly as you can...

- *What is your "favorite thing" about each of your parents or your siblings?*
- *If you could ask God "one question", what would you ask?*
- *If you could have "one superpower" what would it be?*

FOOD

To jump start the meet up, a fast or slow worship song can be played live or through YouTube. Singing Christian Worship songs can refresh and refocus a stressful heart and mind.

Food for the Week: Have a "Bible Mindset"

Be true to yourself, help others, make each day your masterpiece, make friendship a fine art, drink deeply from good books - especially the Bible, build a shelter against a rainy day, give thanks for your blessings and pray for guidance every day.

- Coach John Wooden (named the "Greatest Coach of All Time")

Ways of Having a Bible Mindset

Way #1: Treat the Bible as a Daily Instruction Manual

- **Joshua 1:8a (NLT) Study this Book of Instruction continually.**
- The Bible is the Word of God for all human being regardless of sex, race, language, and culture.
- The Bible is God's **detailed instruction manual** for our day-to-day **thinking, feeling, doing** and **being**.
- The jump start way to study the Bible is to **read** it.
- Reading the Bible transforms us to be better persons who will be ready serve and lead others. Remember **"Leaders are readers."**
- **SHARE** *Just this week, how many times have you read your Bible? How has reading the Bible helped you?*

Way #2: Give Priority on Meditating on the Bible

- **Joshua 1:8b (NLT) Meditate on it day and night...**
- *What is meditation? Pastor Rick Warren says, "Meditation is **focused thinking. It takes serious effort. You select a verse and reflect on it over and over in your mind . . . if you know how to worry; you already know how to meditate."***
- *Why meditate day and night? Because we need our minds to be **guarded** and **guide** regularly by God's Word. If not, other ideas or things will just occupy it.*
- **SHARE** *What is the Bible verse that has impacted you these past days? How has it influenced you to change your thought or your behavior?*

Way #3: Focus on Obeying the Bible

- **Joshua 1:8 (NLT) ...so you will be sure to obey everything written in it.**
- We seriously read and meditate on the Bible because we want to **understand** it well.

- When we have really understood what God wants to say to us, then we will be readier to **obey** it and **apply** it in our lives towards ourselves and others.
- **SHARE** *Is there a Bible verse you have read and meditated which is hard to obey? Why do you think so? How can you apply it to your life?*

Result of having a **Bible Mindset** is: *"If you do this, you will be wise and successful in everything you do."* (Joshua 1:8, ERV)

SHARE *What areas in your life do you need to wiser and more successful?*

FAITH

James 2:17 (ESV) ...faith ...if it does not have works, is dead.

ACTION

- Set a time **and** a **place** where you can read and mediate on the Bible.
- Start by following a **guide**. You can use the Our Daily Bread devotionals via odb.org
- Have a **simple structure**. This is a suggestion:
 - ▶ **Sing** - start singing worship songs. You can check YouTube or Spotify.
 - ▶ **Read and Meditate** - by using a paper or an electronic Bible.
 - ▶ **Pray** - write down a prayer list and focus on it. Be ready to let the Holy Spirit give you other prayer requests you have not written.
 - ▶ **Praise** - end by praising God for his words and answered prayers.
- Just **do** it! If Possible, **daily**.

MEMORY VERSE

Joshua 1:8 (ESV) This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.