

Learn to be Content

Catch: If we know and do the secret of contentment, then we will become so powerful. We will be victors and not victims.

Phil 4: 11b, 12b, 13

We need to learn how to be content because by nature we are always discontented.

1. Definition

- It is not complacency. We still dream and desire while enjoying what we have.
- It is not based on our position and possessions.
- Man is never ever satisfied.
- Contentment is a state of peaceful happiness. It comes from a deep relationship with God and knowing that He is in full control of everything that happens to us.

2. Decision

- 1 timothy 6:6a
- If we keep on wanting more apart from God's will, we will have:
 - more fatigue
 - more anxiety
 - more conflict
- Prov 15:27a
- Phil 4: 12b, 13
- Choose Jesus to be our forever Lord and Master and trust His sovereignty.

3. Do's and Dont's

- Dont's:
 - Don't compare and complain - 2 cor 10:12
 - Don't lose focus - 2 cor 4:18
- Do's
 - Enjoy God and His love - Ecc 5:19 GN
 - Trust and Obey - Heb 13:5
- The secret of contentment is maturity in Jesus Christ who alone satisfies

Ang Sikreto ng Kuntento

Buod: Malakas ang taong kuntento. Siya ang may kontrol at di sya palagiang apektado.

Filipos 4: 11b, 12b, 13

Pinag aaralan ang pagiging kuntento.

1. Kahulugan

- Hindi ito katamaran
- May panaginip pa rin habang masaya sa sitwasyon sa ngayon.
- Hindi ito naka depende sa posisyon o sitwasyon
- Sa ating likas na pagkatao, lagi na lang tayong hindi masaya sa ating mga sitwasyon.

2. Kailangan

- Filipos 4: 12b, 13
- Kailangan nating maranasan ang kasapatan ng pag ibig ng Diyos

3. Dapat at Di Dapat Gawin

- Di dapat gawin:
 - Huwag magkumpara - 2 Corinto 10:12
 - Huwag tumuon sa pansamantala - 2 Corinto 4:18
- Dapat Gawin
 - Maging masaya sa Panginoon – Mangangaral 5:19
 - Magtiwala ng Lubos – Hebreo 13:5