

Love by BONDING

"I will love others by spending quality time with them."

WORSHIP

- Ice Breaker: *What was your favorite childhood toy?*
- SHARE: *What are your unforgettable "Love Moments"?*
- Sing a Praise or Worship song (if possible)

WORD: Let's Love by BONDING It with...

- Declare:
"I will love others by spending quality time with them."
- Quality time means giving someone your undivided attention.
- Quality time is that time you take to talk and listen to each other or go for a walk together. That time is devoted to the other person without cell phones, texting, TV, or other distractions.
- *Research shows that the average person listens for only 17 seconds before interrupting. Active listening is a skill that must be practiced.*

#1: BOND it with your PRESENCE

- ◆ *2 John 1:12 (ESV) Though I have much to write to you, I would rather not use paper and ink. Instead I hope to come to you and talk face to face, so that our joy may be complete..*
- ◆ Being presently and physically there with the persons you love or engage to love relates to him or her your love in action.
- ◆ A Vietnamese Pastor once said: "Your presence is more than 10 sermons."
- ◆ Being present with people we love is very strengthening, encouraging and redeeming.

#2: BOND it with your ATTENTION

- ◆ The best way to give our utmost attention to one person is to give him or her our undivided listening.
- ◆ *Proverbs 20:12 (ESV) The hearing ear and the seeing eye, the Lord has made them both.*
- ◆ *James 1:19 (ESV) Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger;*
- ◆ Things to take note on listening well...
 - ➔ Good listening requires patience
 - ➔ Good listening is an act of love
 - ➔ Good listening asks perceptive questions
 - ➔ Good listening is ministry or service
 - ➔ Good listening prepares us to speak well
 - ➔ Good listening reflects our relationship with God

#3: BOND it with your EFFORT

- ◆ Bonding with others involves giving him or her our quality time, talent and even treasures.
- ◆ *Ecclesiastes 4:9-12 (CEV) Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up! Again, if two lie together, they keep warm, but how can one keep warm alone? And though a man might prevail against one who is alone, two will withstand him—a threefold cord is not quickly broken.*
- ◆ Plan the time, date and place you will be having with the persons you love. Also have a simple purpose why you want to meet with with them so that their time will never be wasted.

WORK

- Have that person make a list of what he/she likes to do and do them with him/her.
- Make time every day to talk and share the events of the day.
- SHARE the Gospel this week through the GOSPEL CARD.
- Invite your family and friend to FJC.

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